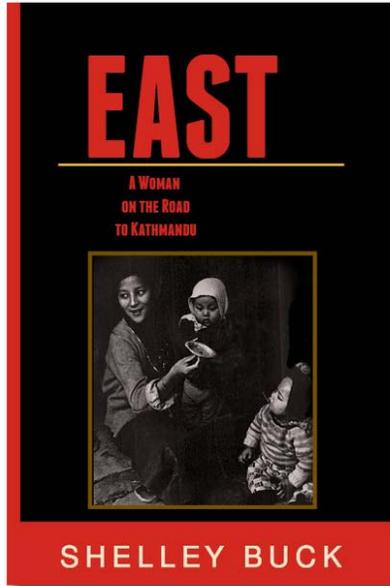




# EAST

by Shelley Buck



A WOMAN  
ON THE ROAD  
TO KATHMANDU

## A dazzling travel memoir...

Inspired by a book purchased at Fred and Pat Cody's legendary bookstore on Telegraph Avenue in Berkeley, Shelley Buck took off alone in 1972 on a journey she hoped would take her overland from Europe to India and Kathmandu. *East* chronicles that journey and Shelley's emergence into adulthood.



Following her return to California, Shelley Buck became a founding editor of the feminist news syndicate, *Her Say*, now archived at Harvard. Shelley currently edits ePícaro.com—an online journal of travel narratives. When not breakfasting with white-faced monkeys in Costa Rica, or hitchhiking through the Khyber Pass, Shelley lives with her family in California's Santa Cruz Mountains.



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